THE ROAD TO HEALTH... Using The Clark Method Newsletter
September/October 2004 Number 59
by Bonnie O’Sullivan

Dear Friends,

Part I — The Prevention of All Cancers by Hulda R. Clark, Ph.D.

The Prevention of All Cancers is Dr. Clark’s newest addition to her “cure yourself” books. In this book Dr. Clark states Cancer can be cured, not just treated. Kill the malignancy-causing parasite and the tumor-causing bacteria. Learn the dietary triggers for each oncovirus that immortalizes your tumor cells. Outwit RAS, MYC, NEU, SRC, SV40, JUN, and FOS with diet. Follow a tester’s protocol that guarantees success. Get your immunity back with electricity: zapping, plate-zapping and homeography. Make it easier than ever to find your health again. Learn the single epidemiological factor that destroys your immunity. Avoid it and live free of rare diseases, inherited diseases and cancer. Cancer has many contributors but the main actors form a single chain of events. Pull out one link and the whole cancer process is blocked. This kind of prevention is more powerful than a cure. You can get started now! …for your pets, too. [Contains 623 pages, available only in hardback.]

About the Author: Hulda Regehr Clark, Ph.D., is an independent research scientist. Dr. Clark has a Bachelor of Arts, Magna Cum Laude, and the Master of Arts with a High Honors major in biology from the University of Saskatchewan, Canada. She studied for two years at McGill University before attending the University of Minnesota and obtaining her doctorate degree in physiology in 1958. After doing government sponsored research for almost ten years at Indiana University, she began private consulting in nutrition in 1979. She continued her studies to earn a Naturopathy degree and an amateur radio license. The freedom to follow her most promising observations led to the breakthrough discoveries described in her books.


Dr. Clark’s books may be purchased (each approximately $21.95 plus shipping and handling) from The Road To Health: (800) 651-7080 or online at www.road-to-health.com.
Part II — Serrapeptase — Questions and Answers

By Robert Redfern

Question: What is Serrapeptase?

Answer: Serrapeptase is a proteolytic enzyme isolated from the microorganism, Serratia E15. This enzyme is naturally present in the silkworm intestine and is processed commercially today through fermentation. This immunologically active enzyme is completely bound to the alpha 2 macroglobulin in biological fluids. Histological studies reveal powerful anti-inflammatory effects of this naturally occurring enzyme.

Question: What does it do?

Answer: Serrapeptase digests (dissolves) non-living tissue, blood clots, cysts, and arterial plaque and inflammation in all forms.

Question: What happens to the residue?

Answer: This is mainly converted to basic amino acids and is usefully recycled into the body. Any other residue is excreted in the usual manner.

Question: Has it any side effects or can I take too many?

Answer: No side effects have been found in over 25 years of studies and usage. Many people take very high doses to speed-up the relief e.g. in cases of sports injuries which can be as high as 30 per day with no side effects whatsoever except a faster recovery. It is even safe for children of 2 years+ for a wide range of conditions: (asthma, lung problems, arthritis, etc.).

Question: Why can it benefit so many different conditions?

Answer: Although Serrapeptase simply digests dead and inflamed tissue these two problems are the cause of the majority of symptoms in the body. The wide range of conditions that respond to Serrapeptase include:

- Varicose Veins and other circulatory problems
- Pain problems such as, Arthritis, Joints, and Muscle Pains and even MS
- Lung Diseases such as Emphysema, Asthma, Bronchitis and Bronchiectasis
- Sinus and other ENT (Ear, Nose and Throat) problems
- Post Operative Healing, Lesions and Cysts (breast, ovarian, etc.)
- Arterial Plaque, DVT (good for travellers) and Blood Clots
- Migraines (vascular)
- Enlarged Prostate

Question: Can I use it for any condition, even those not listed?

Answer: It is worth a try for practically anything. If you have great discomfort it is worth
taking a high dose for one week, which should give great relief.

**Question:** Can Serrapeptase be used effectively with young (age 1.5-4 years) children’s coughs, runny noses and mucus in the lungs and nasal passages? You recommend that no dairy or starch products should be consumed, but milk is still very predominant in their diet.

**Answer:** Serrapeptase is very good for children.

Milk and starchy carbohydrates (breads, pastry, biscuits, breakfast cereals, potatoes, rice and pasta) are not good for anyone. These all contain too much glucose and mycotoxins, creating glycation and chronic inflammation, which are not good for any person and especially not children. Good foods are: Vegetables, fruits, nuts, seeds and beans (especially sprouted), fish and meats. All food should be very lightly cooked or raw. Rice should be brown rice or better still, sprouted rice (rice sprouts). For children, soups (or blending the foods) make it easier to digest.

**Question:** What is the Clinical usage of Serrapeptase in children, with dosage precautions and other relevant clinical information?

**Answer:** It can be safely used with children. I recommend 1-3 tablets per day for children. If they cannot swallow the tablet, they can chew the tablet, as it does not have any taste. (Also, the tablet can be crushed and mixed with honey). In fact, a sore throat can be cleared in about 30 minutes by chewing 1-2 tablets. Our grandchildren use it when they get mucus problems from colds, with fast results.

**Question:** Can it be used on animals such as cats and dogs?

**Answer:** Yes, it has proven to be very effective on all animals. Many veterinarians are now prescribing it as well as arthritic pet owners sharing their own bottle with their arthritic dog to great effect.

**Question:** Is there any animal product in the Serrapeptase tablet?

**Answer:** No. They are plant-grown enzymes.

**Question:** You say serrapeptase tablets are suitable for vegetarians, yet I read serrapeptase comes from a silkworm? Does it or does it not?

**Answer:** Serrapeptase is produced by a bacteria grown in beans that was originally noticed over 30 years ago being used by the silkworm in its cocoon to dissolve proteins. Serrapeptase tablets contain plant grown enzymes.

**Question:** I can understand internal scars (lesions and adhesions) but what about external scarring, how can it help this?

**Answer:** It will still work on surface scarring just as it will on diabetic ulcers and similar problems. By continually digesting the scar tissue, healthy tissue will eventually replace the old scar. It may not completely eradicate all of the scarring but the worse the scarring the better the visual benefits.
Question: Can it be taken with other medication and do I need to inform my doctor?
Answer: Yes, it can be taken with any medication and may mean that you will be able to stop taking them.

Question: I wanted to know if Serrapeptase clears external scar tissue.
Answer: Yes, but it is a slower process compared to internal scars. The scar will be flatter, but may not usually disappear completely without Rio Rosa Mosqueta Oil.

Question: I have abdominal scar tissue 2 years after a lipoplasty procedure. I heard that Serrapeptase could help dissolve internal scar tissue. Is there any truth to this?
Answer: Yes it is very effective and safe. It will take about 3 weeks to get rid of the discomfort and a further 3-6 weeks to make sure if it is completely clear.

Question: As it is 2 years post-op, I do not have pain. Maybe a burning sensation if the scar tissue is massaged, but that’s about it. Do you still think Serrapeptase is effective as the scar tissue is this old? And if so, what doses should I be taking and how often?
Answer: It really depends upon your finances. I always recommend 3 X 3 to start and then reduce each week as the symptoms reduce. When symptoms are gone take the lowest dose 1 X 2 per day.

Question: Will this conflict with any drugs I am taking or cause my blood to become to thin?
Answer: There are many opinions about what to take with what and what is a so-called ‘blood thinner.’
First, Aspirin is NOT a blood thinner such as Warfarin. Aspirin is an anti-inflammatory as are all proteolytic enzymes. They cause the blood to flow normally, not thinner than normal, by stopping the inflammation in the bloodstream that causes blood clotting.
The prime cause of western diseases is now considered to be chronic inflammation caused by eating starchy carbohydrates, processed, microwaved and generally overcooked foods. This is measured by the rise in C-Reactive proteins after eating such foods. When we have chronic inflammation as well as free radical damage, we get what is known as sticky blood, where the platelets stick together and can clot.

Question: Will this help Irritable Bowel Syndrome?
Answer: Serrapeptase will remove dead tissue and inflammation from the digestive tract, thereby relieving the symptoms. There are, however, a number of causes of IBS. For example, some people benefit from hypnotherapy.

Question: Where can I get a Serrapeptase that doesn’t have excipients? I don’t want all the non-essential ingredients like: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, and Methyl Cellulose.
Answer: It is not available anywhere without them. These are commonly used to make...
supplements and I have looked at all of the studies and I am sure of the essential reason for them being there.

**Question:** My research indicates that Serrapeptase is destroyed by stomach acid and therefore needs to be enteric-coated. Do you have research that shows otherwise?

**Answer:** No, I recommend enteric-coated tablets and enteric-coated granules in capsules for the best delivery.

**Question:** If the tablets are enteric coated, does it not destroy that coating to chew the tablets — e.g. in the case of a child?

**Answer:** Well spotted, nobody else has asked this question. The answer is that some will be absorbed in the mouth, some will absorb in the throat, the stomach will inactivate some, and some will get through into the small intestine. Enough will get through to do the job and especially in a child. It has worked twice on me to get rid of a sore throat in around 30 minutes.

**Question:** I have osteoarthritis. I am taking Vioxx, 25 mg daily for inflammation. Also. I’m taking 1500 mg Glucosamine, 1200 mg Chondroitin, and 3 gm MSM, will Serrapeptase help?

**Answer:** Serrapeptase is extremely effective in removing the inflammation, without the side effects associated with drugs. Once the inflammation has gone the body’s own recovery systems can then start to rebuild, with the help of Glucosamine, Chondroitin and MSM.

**Question:** I have a client in Portugal who takes medication for high blood pressure and also a prescription HRT; she would like to come off of both and is interested in taking Serrapeptase. At present we are still discussing her options and I have expressed my opinion, which is that she should not stop taking her prescription drugs. Am I correct in thinking that with diet improvement, vitamin and mineral supplements her health may improve, perhaps to the point where she may not need to take the prescribed drugs? I do not intend to make any promises but feel the improvements in diet etc. would improve her overall health anyway.

**Answer:** The benefits with Serrapeptase will come for the high blood pressure. With the diet changes you are planning she should see a steady improvement. If she wishes to keep to a low dose for the future, it is highly recommended. The HRT is a different story and natural progesterone and natural estrogens may be needed to replace the HRT.

**Question:** Is Serrapeptase safe for use when taking blood pressure medication?

**Answer:** Yes, it may even help prevent the need for drugs.

**Question:** Will there be any drug interaction with my seizure medicine Tegretol & Lamictal?

**Answer:** None whatsoever.

**Question:** Please, can you tell me if I give Serrapeptase to my Dalmatian dog how many
tablets can I give him. Also can it help for inflamed skin, which occurs because of a small infection in the hair follicle, which makes the skin swell into a lump, which looks inflamed?

Answer: It is well worth trying; 1-3 per day should be sufficient.

Question: Does Serrapeptase help with lung problems (fungus)?

Answer: No, just the inflammation that may result from the fungal infection. Try colloidal silver in a nebuliser mixed 50:50 with 3% hydrogen peroxide.

Question: I am on Warfarin, is it safe to take Serrapeptase?

Answer: Yes, it is perfectly safe.

Question: Can I take Serrapeptase while I am pregnant?

Answer: Yes, you can take it pre and post natal.

Question: Why do doctors not prescribe Serrapeptase if it is so good?

Answer: They do, in the better medical systems such as Germany and other countries with superior results, compared to the UK and the USA. They have prescribed it for the last 25 years.

Question: How does Serrapeptase help sinusitis?

Answer: Serrapeptase has many studies showing that it helps the sinus in two ways. The first is to stop the inflammation that stimulates the mucus and the second is to clear out the mucus completely. It usually does this within hours or at most a day or so. As it is a simple enzyme it has no side effects whatsoever.

Question: Can it get rid of my varicose veins completely?

Answer: It can get rid of the discomfort and the swollen veins (ask my grateful wife). It cannot repair damaged valves.

Question: How long has Serrapeptase been in use?

Answer: Around 25-30 years.

Question: My son has Crohn’s Disease; he is 10 years old. Can he take these tablets and how many?

Answer: He can take any amount, as they are quite safe. I would try 3 per day to begin.

Question: Are there any human studies showing the effectiveness of breaking down biofilm in the bladder to kill antibiotic resistant bacteria?

Answer: Serrapeptase will not affect the Biofilm directly. It will however stop the inflammation that partly provides the breeding tissue for bacteria (and virus). If you follow the microbiologists who agree that ‘the terrain is everything and the germ is nothing’ concept then you will agree that properly oxygenated tissue/cells at the correct ph with no inflammation will not allow germs to thrive. Serrapeptase delivers one of those criteria, anti-
inflammatory, (and may influence the ph). The most studies have been seen in lung infections and some ENT. Anecdotal reports say that cystitis is cleared quickly as well as diabetic ulcers.

**Question:** I will be having ACL surgery and would like to use this enzyme in my recovery. I am somewhat familiar with enzymes from the book *Enzymes for Autism*, which I am utilizing successfully for my son diagnosed with PDD-NOS.

**Answer:** Serrapeptase will certainly help in your post-op recovery.

**Question:** I have a stomach ulcer and gallstones, would Serrapeptase aid in recovery?

**Answer:** Not for the stomach ulcer and it may cause discomfort. You need to use a special formula to heal the ulcer first before you deal with the gallstone.

**Question:** My husband has nasal polyps and is about to go into the hospital for the third time to have them removed. Will this product help him?

**Answer:** It should, as it gets rid of other cysts. I cannot say how long it will take and so he can use them immediately after he comes out of the hospital to prevent the return of the polyps.

**Question:** I am primarily concerned with whatever cardio-vascular benefits might be experienced with the use of Serrapeptase. Is the evidence supporting Serrapeptase very preliminary, or is it fairly solid, that shows benefit for arteriosclerosis?

**Answer:** You will not find any conclusive evidence of the effectiveness of Serrapeptase. The information around is simply the reports coming in from users and doctors who are witnessing the results. As it is obviously safe no one feels the need to subject it to expensive trials.

Serrapeptase works in the same way that aspirin works; i.e. it is an anti-inflammatory. Cardiovascular diseases are in the main caused by chronic inflammation and anything that reduces this inflammation will help clear the arteries. Even simply stopping eating starchy carbohydrates, overcooked or micro waved and processed foods will start the process of recovery (presuming you replace those with vegetables and fruits).

The benefit with Serrapeptase as well as being an anti-inflammatory is that it is also a very strong protease. This dissolves the dead proteins that bind the plaque blocking the arteries.

The reports come in daily of the many different successes. I take it myself just as an anti-ageing product (it is thought that premature ageing is the result of this same chronic inflammation).

**Question:** My granddad is diabetic but would like to try this product for a number of things listed. Can he take this medication with being diabetic? And what ingredients are used to make Serrapeptase, please?

**Answer:** Yes, he can take it as a diabetic and with the drugs he is taking. The contents are just Serrapeptase enzymes. Reports for diabetes users tell of balanced blood sugars but I
cannot tell if it is the Serrapeptase or the fact they are cutting back on starchy carbohydrates.

**Question:** My husband has a condition called polycythemia (blood is too thick) and has to have a phlebotomy approximately every 3 months to keep his blood thin. He also has had a couple of mini strokes and is on a full aspirin a day and 11 mg. of Coumadin daily for these conditions. He takes another medication called hydroxyurea, which is a chemo drug to keep his white platelet count down. Is it safe for him to take this enzyme to keep any further blood clots from developing? I already take Serrapeptase for cardiovascular problems.

**Answer:** Yes, it is safe for him. I would like to offer some other advice if I may.

While there may be a genetic reason for his condition, factors that will make it worse are invariably common to many diseases. It is now thought that the cause of diseases is chronic inflammation. Chronic inflammation results in thick blood. Two biochemical markers of chronic inflammation, C-reactive protein and Homocysteine (tests are available for these) are also markers for all of the main diseases (including yours). Your goal is to normalize everything without drugs.

How can you stop it? My advice is to go back to basics and follow the ‘Garden of Eden Diet’ and take some nutrients.

Eating 90% fresh living vegetables, fruits, nuts, seeds, beans and a small amount of natural fish and meats (this means fish and meats that have only eaten natural foods e.g. cows that have only eaten grass and herbs etc., NOT grains and cereals). Where possible, eat at least 50% of your foods raw or very lightly cooked. Chewing food 25 times is critical. If unable to chew then blended is next best.

Stop eating (as much as possible) grains and cereals such as breads, pastry, biscuits, breakfast cereals, rice, potato products, micro waved foods, irradiated foods, factory processed or prepared foods.

Take Serrapeptase 3 times per day 1-3 tablets depending upon finances.

Take 3 Digestive Enzymes before each meal.

**Question:** Who makes this product?

**Answer:** The enzyme Serrapeptase is grown in Japan and a processor in Texas makes it into tablets and capsules.

**Question:** Is Serrapeptase effective for periodontal disease and gum abscesses?

**Answer:** Absolutely.

1. Chew very slowly, Serrapeptase tablets, 3 per day. (To clear the abscess.)
2. Take 2 ProdobilusFOS (such as Geneflora) capsules twice per day (open capsules and mix contents with natural yogurt or mashed veggies). Chew slowly (to stop mouth infections).
3. Take 2 Q-Gel capsules (A patented, hydrosoluble form of CoQ10 available at most Health...
Food Stores) daily with food. (to recover healthy gums).
The recovery should take about 2-4 weeks.

**Question: Does this help with Syndrome X? Or does this help diabetes?**

**Answer:** I have doctors reporting back that is does lower blood glucose levels. I cannot explain why it would do it but that is what is happening. I have just had a phone call from a diabetic who was threatened with a foot amputation, which was cancelled in only 3 weeks from taking Serrapeptase.

**Question:** I am taking Serrapeptase, but it doesn’t say that it is enteric coated, is it any good without being coated? Also, do you have any testimonials about it helping an aortic aneurysm? Do you know of anyone it has helped?

**Answer:** If your aortic aneurysm is caused by a cardiovascular disease then the answer is, yes. This can be a complicated disease and so, more than ever, I recommend you follow the eating plan above.

**Question:** Would Serrapeptase be useful in eliminating a goiter or uterine fibroids?

**Answer:** I have had good reports on fibroids but none on goiter. I do believe however that they are almost the same problem, which is the upsetting of the hormonal system caused by eating starchy carbohydrates. These are implicated in the majority of diseases. Taking Serrapeptase, nutritional supplements, and following a good eating plan as outlined above, I believe, is the perfect way to good health.

### Serrapeptase is Now Available from The Road To Health

Serrapeptase is a nutritional supplement containing 5 mg of the purified enzyme, Serratio Peptidase (Serrapeptase), in an enterically-coated tablet. Serrapeptase is anti-inflammatory, anti-edemic, breaks down fibrous masses, and acts rapidly. It can reduce swelling from injury or surgery and swelling due to water retention; it increases penetration of antibiotics into living tissue. The fibrinolytic properties of this enzyme suggest its use for destroying sclerotic plaques in arteries — there have been anecdotal reports of success, but so far no formal clinical trials. Because of its anti-inflammatory capabilities, Serrapeptase is often considered an alternative to salicylates and NSAIDS. It is also an effective treatment for the symptoms of acute or chronic ear, nose and throat disorders. Serrapeptase must be taken on an empty stomach: After eating wait 1½ to 2 hours to take Serrapeptase and after taking Serrapeptase wait 20-30 minutes before eating (i.e. take it one half hour before meals.)

- Serrapeptase, 1 bottle, 100 tablets: $17.99 plus $7.50 shipping (Total: $25.49)
- Serrapeptase, 3 bottles of 100 tablets each: $51 plus $7.50 shipping (Total: $58.50)
- Serrapeptase, 6 bottles of 100 tablets each: $102 with no shipping (Total: $102)

Place your order now: Call (800) 651-7080 or go to www.road-to-health.com.

To read more about Serrapeptase go online to: www.butterflyenzyme.com or call (800) 651-7080 and request a free copy of The Road To Health Newsletter, Number 55.
Part III — Update on Sandy Petry, Bonnie’s Daughter

September 29, 2004: Sandy (who is being treated for osteomyelitis of the jawbone) had her second MRI (with dye injected into her veins) within three months.

October 6, 2004: Sandy’s Oral and Maxillofacial Surgeon looked at the MRI and stated that the round black area, circled in white, which indicates necrotic (dead) bone on her palate four inches back from the front of her mouth, was still visible, but he declined to perform surgery.

October 18, 2004: Sandy visited her doctor to show him her latest MRI. He was disappointed that her Oral and Maxillofacial Surgeon (to whom he had sent a letter requesting the necrotic bone on her palate be removed) said she did not need surgery. He recommended 30 hyperbaric treatments and another PICC Line with antibiotics 24/7. On the way home from this appointment Sandy said she would rather wait until after she had surgery on her palate before having any more hyperbaric treatments or another PICC Line inserted and, until we found a dentist who could operate on her palate, she thought her best treatment was the continued use of the Acuscope and Myopulse devices. (Using the Acuscope and Myopulse devices takes her headache away immediately but just as quickly the blisters on her face and arms multiply. In a day or two her headache returns and she repeats the cycle.)

October 20, 2004: Sandy made an appointment with a dentist in Mexico who specializes in cavitation surgery after being assured by his English-speaking receptionist that in rare circumstances he has performed surgery on the palate. (We received the name and phone number of this dentist from a reader of the newsletter who called me on October 19, 2004.)

October 25, 2004: On Sandy’s first visit to the dentist in Mexico, he talked with her for over an hour in private. He worked on her dentures and corrected her bite, which has improved her ability to chew without pain. He then invited me to join them and asked for all of her medical and dental records for as far back as possible. I gave him the phone number of Dr. Aréchiga in Mexico as Sandy has had several bone scrapping surgeries (also called cavitation surgery) by him. I also told him I could have her record as far back as her childhood faxed to him the following day as I have been publishing her story in my newsletter. He said that would be excellent and asked Sandy to return to his office the next day. Sandy gave him her June and September MRIs and he stated he would study them that evening. He then took a panoramic X-ray and several digital X-rays of her mouth, which were developed and put on his computer screen while we were talking. He stated that as well as the necrotic (dead) bone on her palate she had 5 cavitations (4 on the upper right and one on the lower right in the far back). This was a revelation! The cavitations are easily seen on the panoramic taken at this dentist’s office, so why were they not seen on the panoramic taken at the US dentist’s office on April 29, 2004? (The panoramic taken on April 29th was supposed to confirm the April 12, 2004 CT scan that showed a retained piece of tooth root — but it didn’t show the tooth root or the cavitations.)

October 26, 2004: At Sandy’s second appointment in Mexico with her new dentist he asked her if she had ever been told she had a “partial” cleft palate as he woke up at 3 am with the thought that a cleft palate would explain why her MRI looked the way it did. He said the only
other time he had seen an MRI that looked like hers was one taken of a person with a cleft palate. She stated that she had never been told she had a partial cleft palate. He said he received the fax (Dale had compiled and faxed it) of her medical and dental history and it was so extensive that he needed more time to study it. He said he had read it over once and thought that her blisters might be caused by an allergic reaction to the bovine bone material that was put into her jawbone several years before. He also mentioned that he spoke with Dr. Aréchiga about the removal of Sandy’s retained piece of tooth root in May 2004 and her previous cavitation surgeries performed by Dr. Aréchiga. He then asked if we could return the next day. (Now we began to understand why his receptionist had given us several days’ worth of appointments when we first called on October 20th.)

**October 27, 2004:** We waited for two hours at the dentist’s office. While waiting we spoke with the receptionist and she mentioned that she had read Sandy’s history the previous afternoon and wondered about a missing page. I was not aware that page 9 was missing until she mentioned it. That evening I told Dale that page 9 was missing from his fax to the dentist and he agreed to re-fax it the next morning. The dentist called us at the office and we did not get to see him that day. He had gone to San Diego with Sandy’s MRIs and medical/dental history to confer with an Oral and Maxillofacial Surgeon about her case. He again asked if we could return the following day.

**October 28, 2004:** When we arrived for our appointment the dentist was waiting anxiously for us. He had received the missing page and was very excited. There was a description on page 9 of Sandy’s medical and dental history of a surgery that Sandy’s Oral and Maxillofacial Surgeon had performed that explained why the MRI indicated necrotic (dead) bone on her palate four inches back from the front of her mouth! This is what was done:

| November 12, 2003: | Removal of torus palatinus — a non-cancerous bony growth located in the midline of the hard palate (roof of the mouth). The surgeon did this by grinding up a layer of bone in the middle of Sandy’s mouth and having his assistant suck it away with the suction device while keeping the area flooded with multiple syringes of sterile salt water. (Surgery performed by Oral and Maxillofacial Surgeon in Milpitas, CA.) |

The dentist stated the MRI *should* look exactly as it does because of that surgery (he explained that necrotic bone looks the same on an MRI as missing bone).

This information was a shock to Sandy. It caused her to cry as she could not comprehend why the dentist in Milpitas did not explain this to her. Did he forget that he had performed this surgery on the roof of her mouth in November of last year? We will never know. (Also, why didn’t her doctor ask to see a list of her previous surgeries to rule out the possibility of the MRI reflecting the removal of bone in that area?) No doctor or dentist, until this precious Mexican dentist, has taken the time to look at the details of what Sandy is experiencing.

Sandy asked if she could have her cavitations removed instead of having surgery on the roof of her mouth. The answer was, “no.” The dentist explained that he wanted her to go home and take vitamins and minerals and meditate. He asked her to stop taking any supplements that were designed to kill bacteria or viruses, reduce taking saunas and using the Acuscope.
and Myopulse to once per week and stop taking anything that caused her skin to break out in blisters. He stated he wanted her body to do some healing before he performed surgery to remove her cavitations. He gave her an appointment for surgery on November 29, 2004.

**November 14, 2004:** Since returning from Mexico Sandy has followed the dentist’s directions but her face, neck and arms have continued to break out in blisters, which have gotten much worse. For instance, a mole she has had for years on her right cheek turned into a blister and began weeping yellow pus profusely. A week later the area began bleeding and bled for four hours until she decided to go to the emergency room where the doctor cauterized it with a special band-aid. This stopped the bleeding but burned her face. The area is still weeping the yellow pus and the area around it (the right side of her face) is swollen. We believe her body is trying to heal the cavitations on its own, which is causing a severe Herxheimer reaction. The only things that help her discomfort are taking daily coffee enemas and eating regularly, but eating regularly is a challenge, as she has no appetite.

[Herxheimer reactions are a phenomenon known as the Jarisch-Herxheimer Reaction (JHR). JHR is believed to be caused when injured or dead bacteria release their endotoxins into blood and tissues faster than the body can comfortably handle it. This provokes a sudden and exaggerated inflammatory response and is associated with the systemic appearance of cytokines. Cytokines are small, secreted proteins which mediate and regulate immunity, inflammation, and hematopoiesis (the making of blood cells)].

Needless to say, Sandy can hardly wait until she has her cavitations removed!

**Acuscope/Myopulse Testimonial by Bonnie**

I have had an amazing result with our Acuscope/Myopulse devices. I fell down on our lawn 2 years ago and got by with periodic chiropractic adjustments, but the pain came back as soon as I picked up anything slightly heavy. Then, in late September, I had 3 treatments with the Acuscope/Myopulse devices and the pain went away and has not returned in almost 3 months with no further treatments. (For more about these devices read Newsletter #58.)

Several people have contacted us about purchasing the Acuscope/Myopulse devices, which cost between $7,500 each — new (as found on an Internet search) — to $11,000 for both — used (as seen on EBay). The person we were going to rent the devices from offered them to us at a very good price so we decided to purchase them. They are 10 years old and, after we cleaned the tarnish off the probes, work perfectly. If you would like us to search for a used set for you please send an email to RLO@road-to-health.com and we will contact you.

Love,

Bonnie

*The Material in this letter is for educational purposes only and is not intended as a prescription for any illness.*